

Metropolitan tuberculosis control: the Rotterdam model

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 Introduction Metropolitan TB and homelessness

1. Control of TB in the Netherlands

1. Specific TB activities in Rotterdam













 Introduction Metropolitan TB and homelessness

1. Control of TB in the Netherlands

1. Specific TB activities in Rotterdam





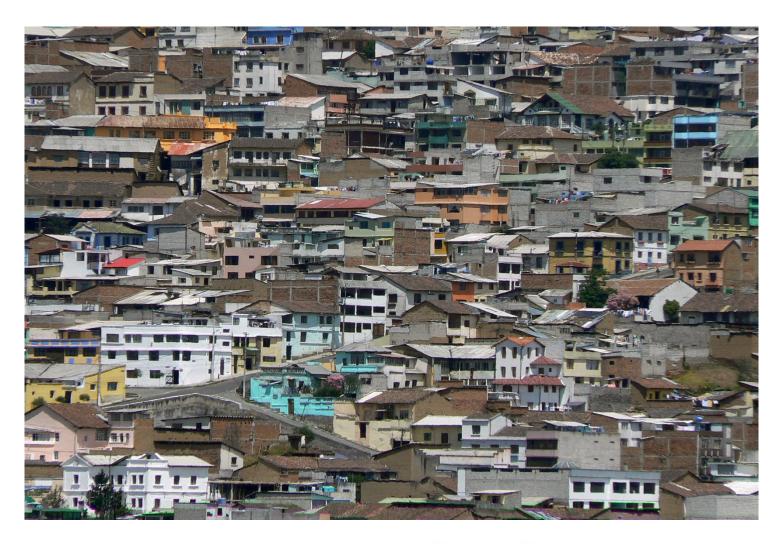






Metropolitan TB in Europe









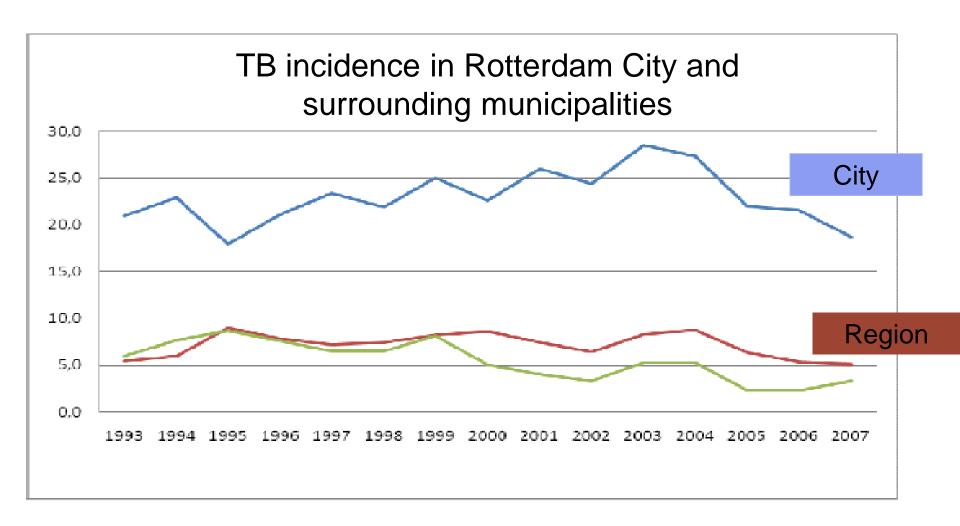






Metropolitan TB in Rotterdam











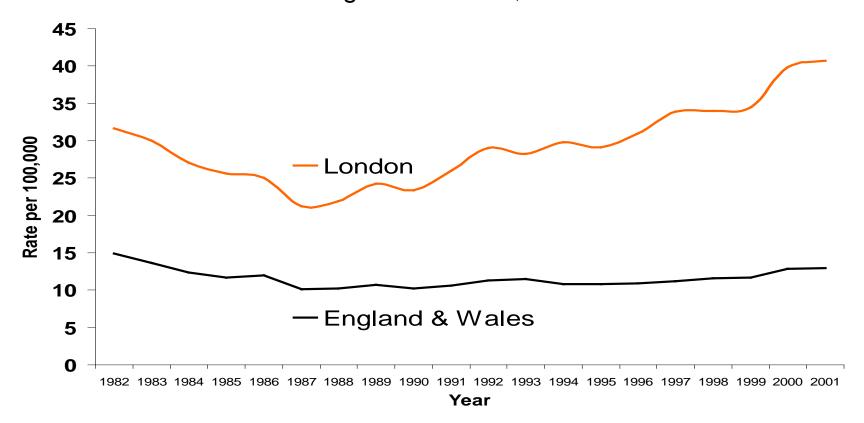




Metropolitan TB in England



Tuberculosis notification rate (NOIDS) England & Wales, 1982 - 2001







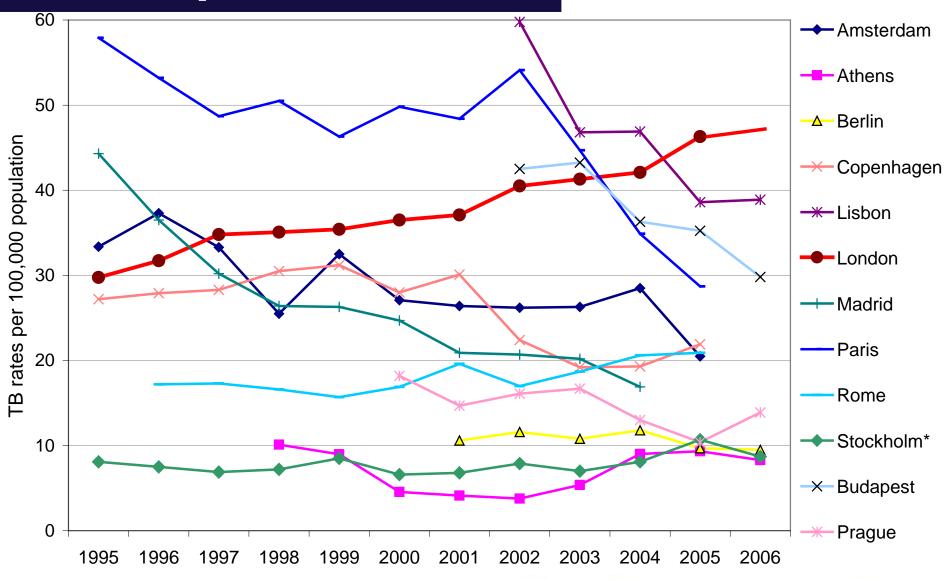






















































Tuberculose in Europe



Tuberculosis and social exclusion

Developed countries need new strategies for controlling tuberculosis

In developed countries most patients with tuberculosis are not infectious, can readily access health services, and complete treatment successfully with minimal supervision from a health worker. As a result they make only limited demands on services and pose little public health risk. By contrast, many socially excluded patients are at risk of delayed presentation, poor adherence, and loss to follow-up. A recent persistent outbreak in London including over 220 drug resistant cases and disproportionately affecting homeless people, prisoners, and problem drug users clearly illustrates the urgent need to strengthen tuberculosis control among socially excluded groups.

Mycobacterium tuberculosis can infect anyone but predominantly affects the poor. Globally, 98% of deaths from tuberculosis are in the poorest countries.²

BMJ 2006;333:57-8

BMJ VOLUME 333 8 JULY 2006 bmj.com

Story A, Van Hest R, Hayward A. Tuberculosis and social exclusion. *BMJ* 2006; 333: 57-8.







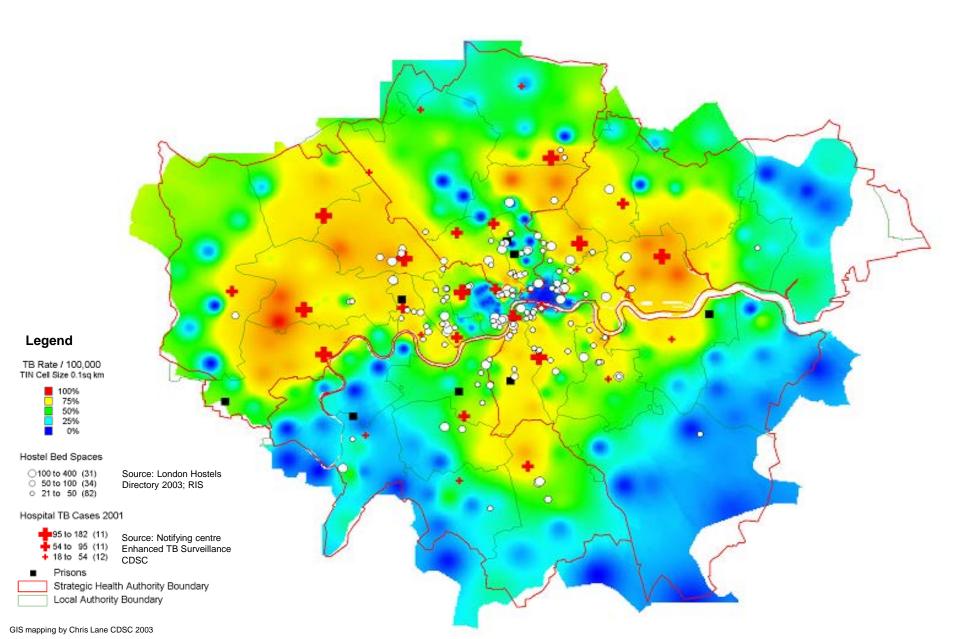




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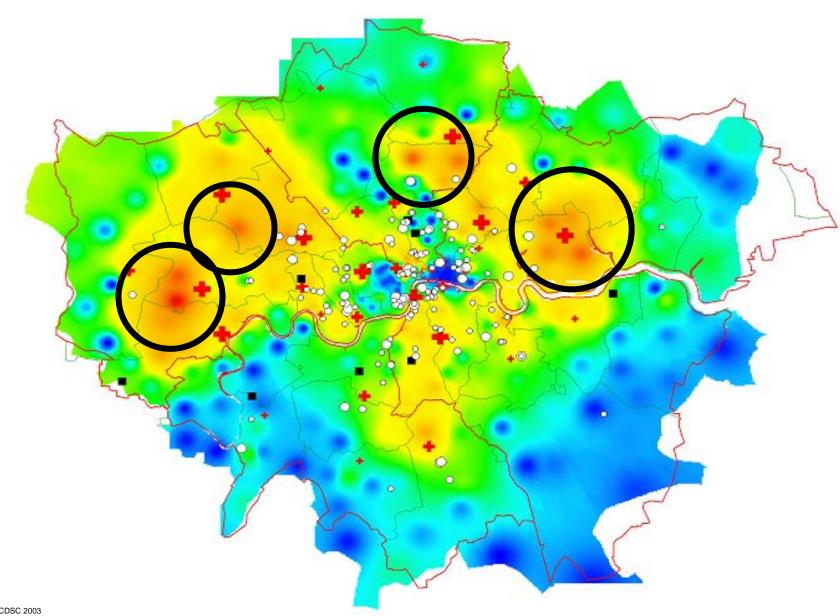
Tuberculosis patients in London in 2001 per postcode





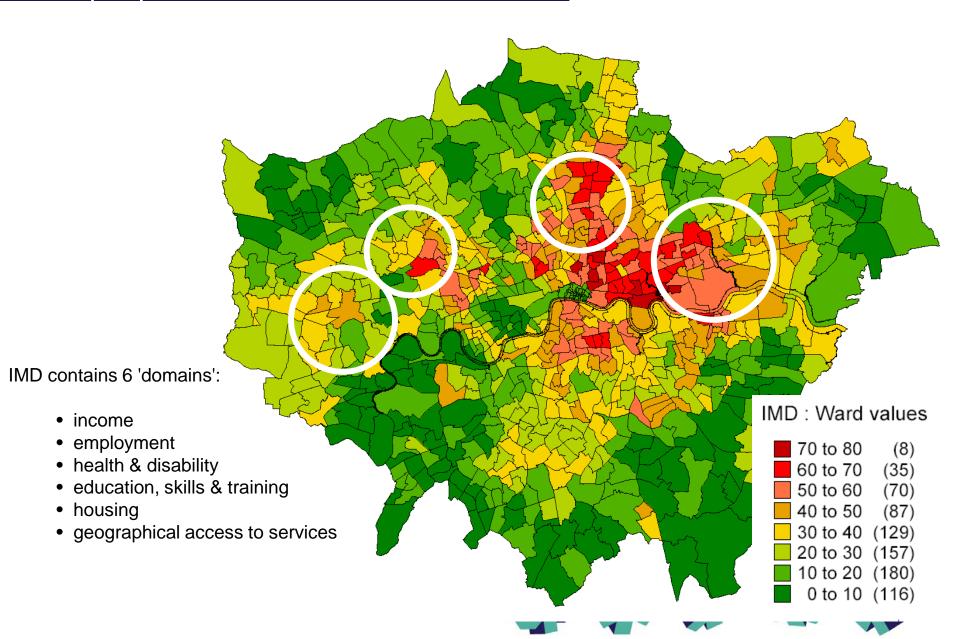
Tuberculosis patients in London in 2001 per postcode





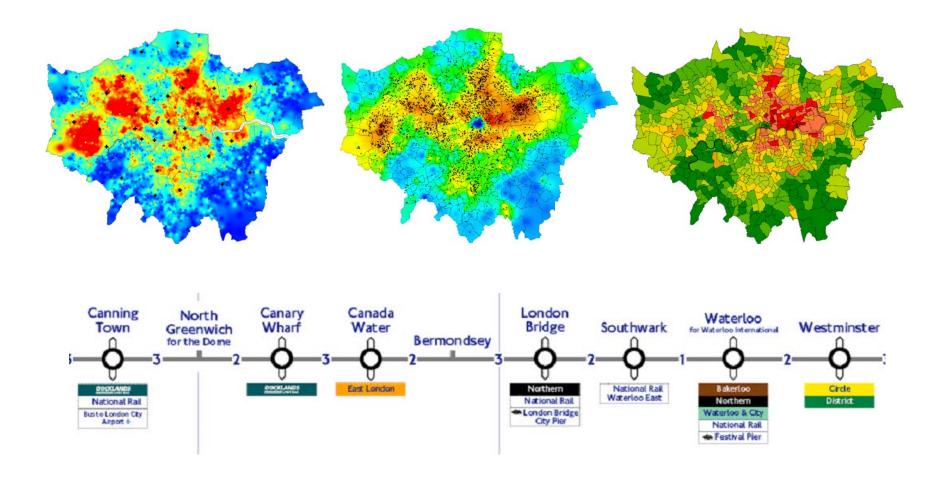
Social index in London per postcode in 2000





Socio-economic impact





Metropolitan TB risk groups



Risk groups:

Immigrants (legal and illegal)

Asylum seekers

Prisoners

Seamen/Sailors

Alcohol and drug addicts

Homeless people











Metropolitan TB and homelessness



In 2002 in Rotterdam 1 out of six TB patients was homeless or illicit drug user

De Vries G, Van Hest R, Richardus JH. Impact of mobile radiographic screening on tuberculosis among drug users and homeless persons. Am J Respir Crit Care Med 2007;176:201-7

In 2003 in London 1 out of six TB patients was homeless, illicit drug user or prisoner

Story A, Murad S, Roberts W, Verheyen M, Hayward AC. Tuberculosis in London: the importance of homelessness, problem drug use and prison. Thorax 2007;62:667-71.











Metropolitan TB and homelessness



In 2003 in London 17% of all TB patients was homeless, illicit drug user or prisoner but they were responsible for 40% of the problems such as smear-positive drug-resistant TB, poor or non-compliance or loss to follow-up!!

Story A, Murad S, Roberts W, Verheyen M, Hayward AC. Tuberculosis in London: the importance of homelessness, problem drug use and prison. Thorax. 2007;62:667-71.











TB prevalence rates after screening among homeless persons (EU)



Town	Year(s) of survey	Setting	Population screened (n)	Active TB (n/100 000)
London	1983-1987	St, Sh	2490	760
London	1983-1987	St, Sh	555	1100
London	1992	Sh	595	1500
London	1995	Sh, Ho	1907	500
Amsterdam	1997/1999	St, Sh	364	800
Rotterdam *	2002/2005	Str, Sh,Ho	3248	327
Edinburgh	1968	Но	4269	1264
Edinburgh	1976	Но	4687	896
Glasgow	1978	Sh, Ho	9132	1456
Barcelona	1997	Sh	447	1118
Budapest	1995/1996	Sh, Ho, public	2147	3633
St Petersburg	1991-1997			3000
Poznan		Sh	460	2174

TB prevalence rates after screening among homeless persons (USA)



Town	Year(s) of survey	Setting	Population screened (n)	Active TB (n/100 000)
Birmingham, Alabama	1996/1997	Sh	127	3150
Boston	1984	Sh	586	512
New York	1992	AIDS hostel	106	15094
San Francisco	1996-1997			230
Sydney	1989-1993	Но	3555	253







TB notification rates among homeless persons

Town



Active TB

(n/100 000)

London	2003	788
Budapest	2002	676
Budapest	2004	726
Boston	1990	433
Denver	1995	510
New York	1999	77
New York	2001-2003	176
San Francisco	1992-1996	270

Year

Metropolitan TB Control



Metropolitan TB is mainly driven by certain risk groups such as recent immigrants, homeless persons, illicit drug users or prisoners

In the EU there are approximately 90,000 TB cases every year. When 40% of them live in large cities and in large cities 17% of the cases are homeless than there are +/- 6000 homeless persons with TB every year









Metropolitan TB Control



TB Control (case-finding and case-holding) among homeless persons, illicit drug users, illegal immigrants and other TB risk groups cannot be controlled by the chest physicians in the hospitals alone but needs a targeted (public health) intervention through cooperation with a multidisciplinary team of doctors, nurses, social workers and assistants.





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TB Control in The Netherlands















Parallel system of TB control > 100 years







TB control: hospitals















TB control: Public Health TB Clinics















> 100 years TB control

















• In 1901 in the Netherlands 10,119 deaths as a result of tuberculosis were registered.

• Around 1903 the incidence of tuberculosis in Netherlands can be estimated at approximately 20,000 and 25,000 cases.







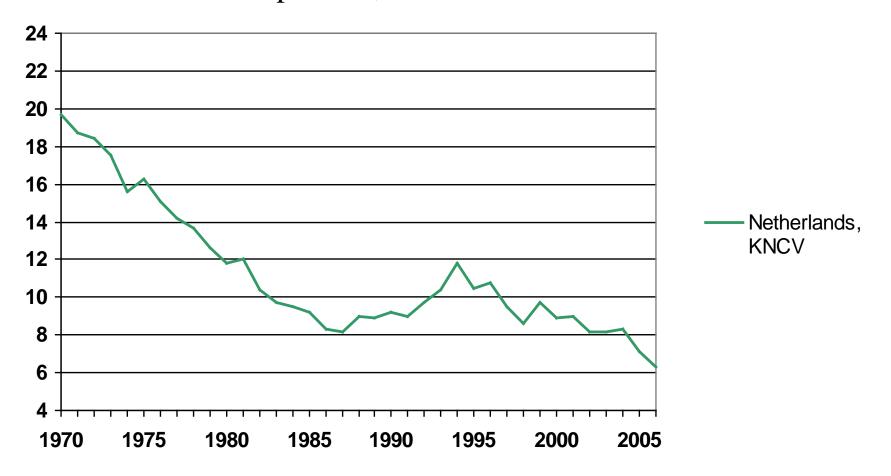




TB incidence in the Netherlands



TB incidence rate per 100,000 in the Netherlands 1970 - 2006













Tuberculosis 2006



- These days in the Netherlands tuberculosis is no longer a common disease, especially not among the autochthonous Dutch population
- Last decade on average 1300 patients per year:
 - * 1999: 1535 patients
 - * 2000: 1404 patients
 - * 2001: 1436 patients
 - * 2002: 1401 patients
 - * 2003: 1321 patients
 - * 2004: 1344 patients
 - * 2005: 1163 patients
 - * 2006: 1027 patients
- * 2007: 1011 patients
- Source: Netherlands Tuberculosis Register













Metropolitan TB in the Netherlands (2003)



	Inhabitants	TB cases	TB cases per 100,000
the Netherlands	16.200.000	1321	8,2
4 major cities:			
Amsterdam	737.000	194	26,3
Rotterdam	600.000	172	28,7
the Hague	464.000	98	21,1
Utrecht	265.000	28	10,6
4 major cities	13%	37%	23,8
the rest of the Netherlands	87%	63%	5,9

Source: Netherlands Tuberculosis Register 2003, KNCV Tuberculosis Foundation





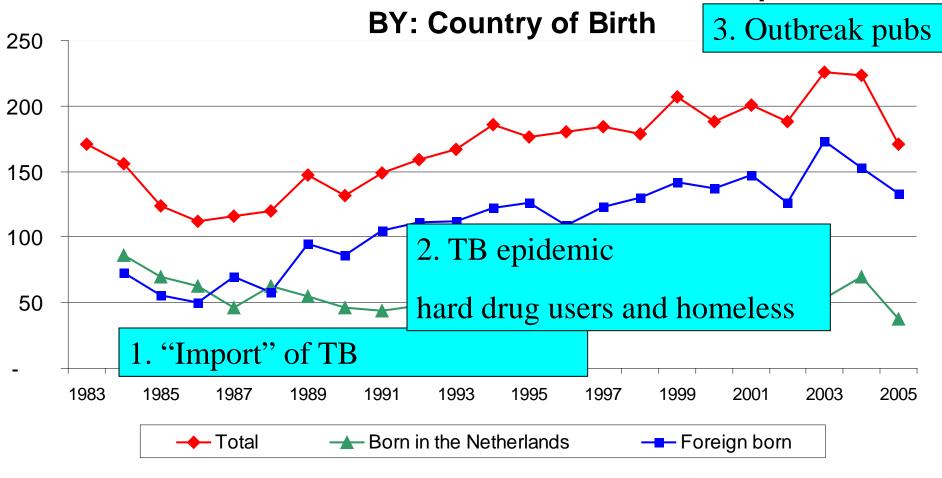








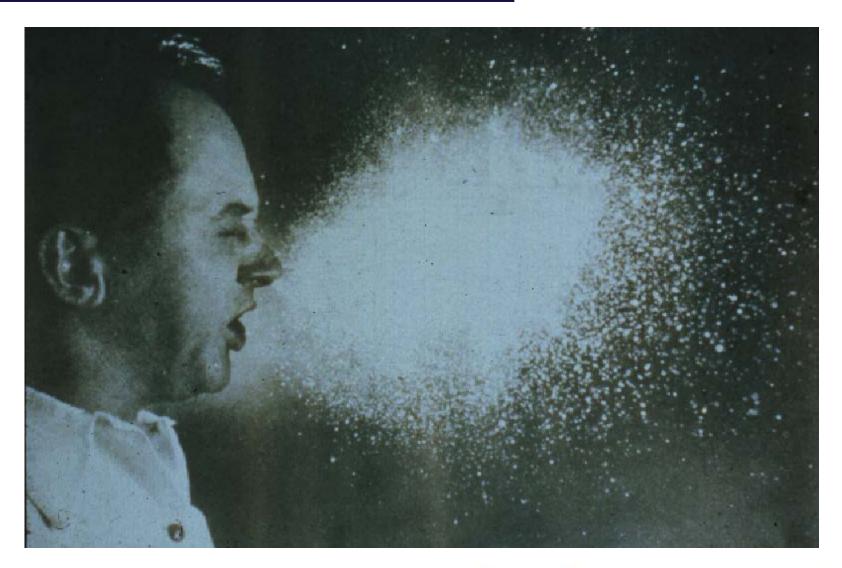
TB Cases: Rotterdam and 27 other municipalities





Tuberculosis







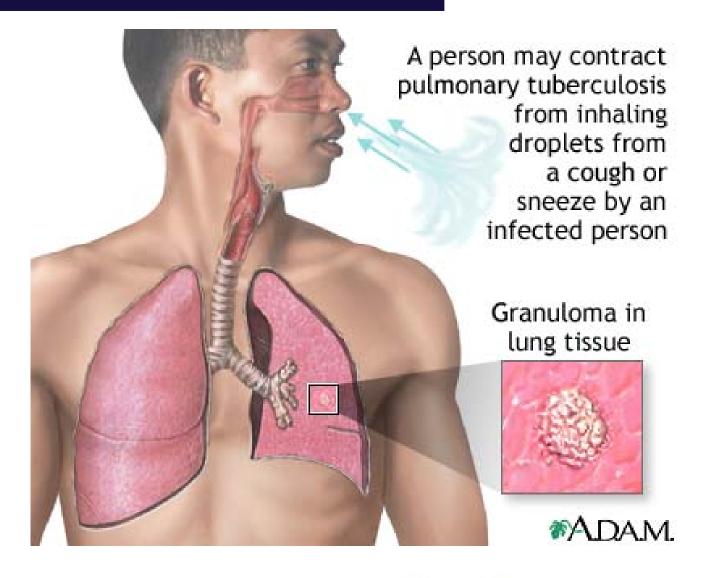


















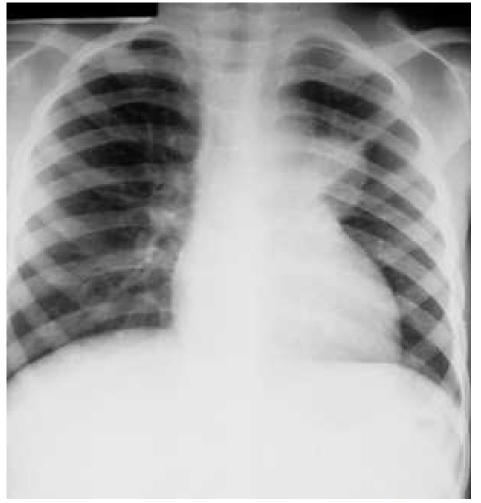




Chest X-rays



Primary (primo-) tuberculosis









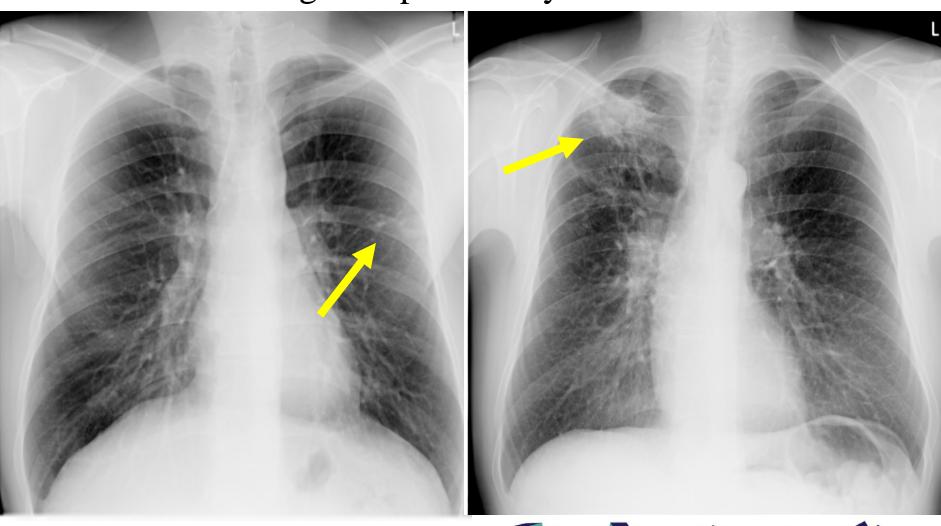




Chest X-rays



Smear-negative pulmonary tuberculosis









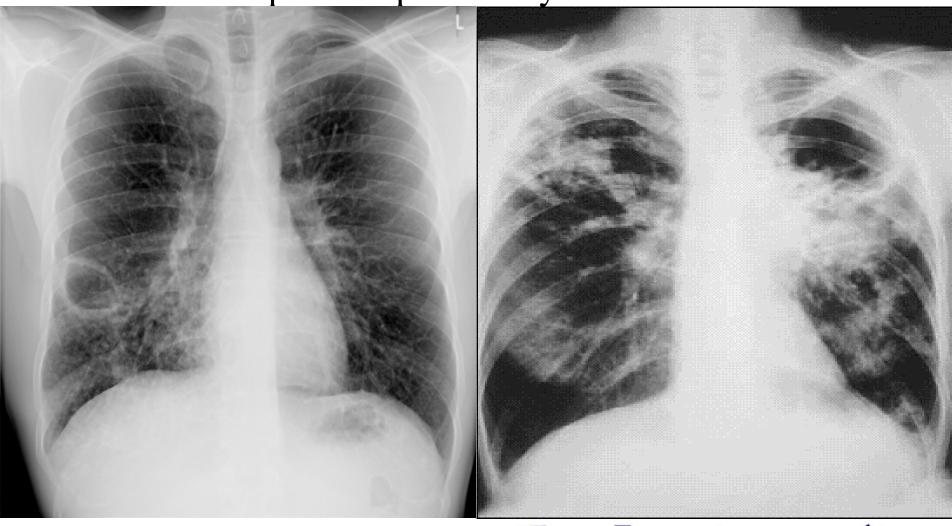




Chest X-rays



Smear-positive pulmonary tuberculosis





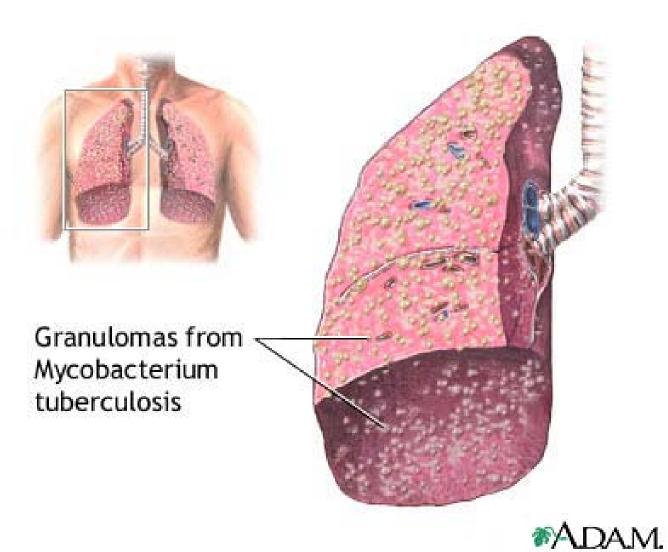
























Pleura

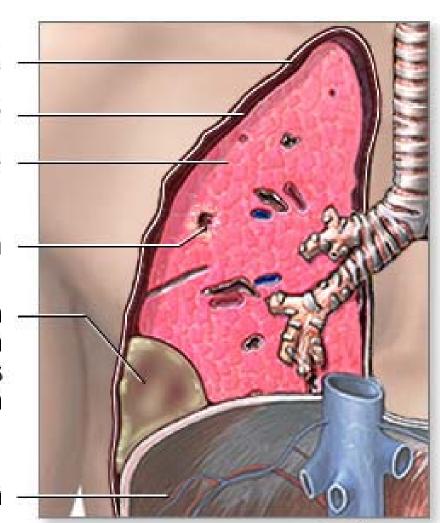
Pleural space

Lung tissue

Tubercular lesion

Pleural effusion resulting from tuberculosis infection

Diaphragm















> 100 years TB control





TB Control Department Rotterdam



















TB Control Department Rotterdam





5 tuberculosis-physicians

5 TB nurses

15 practice assistants

30,000 visitors per year

20,000 chest X-rays per year

6,000 Mantoux tests per year

Diagnosis or supervision of approx.

175 tuberculosis patients annually





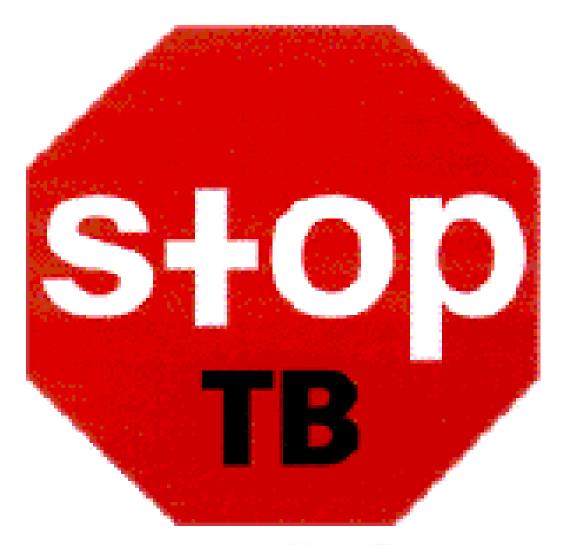






One-stop-TB-shop!!











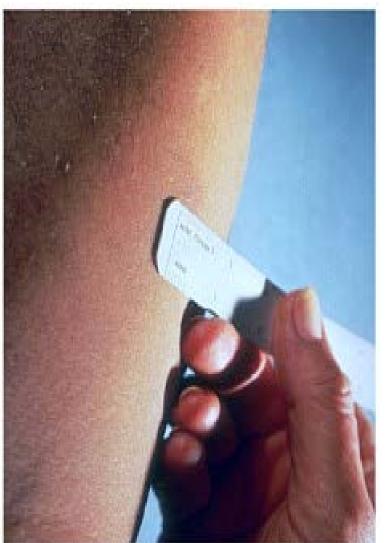




Tuberculin skin test

















Interferon gamma release assays (IGRAs)















Digital chest X-ray



























Digital chest X-ray







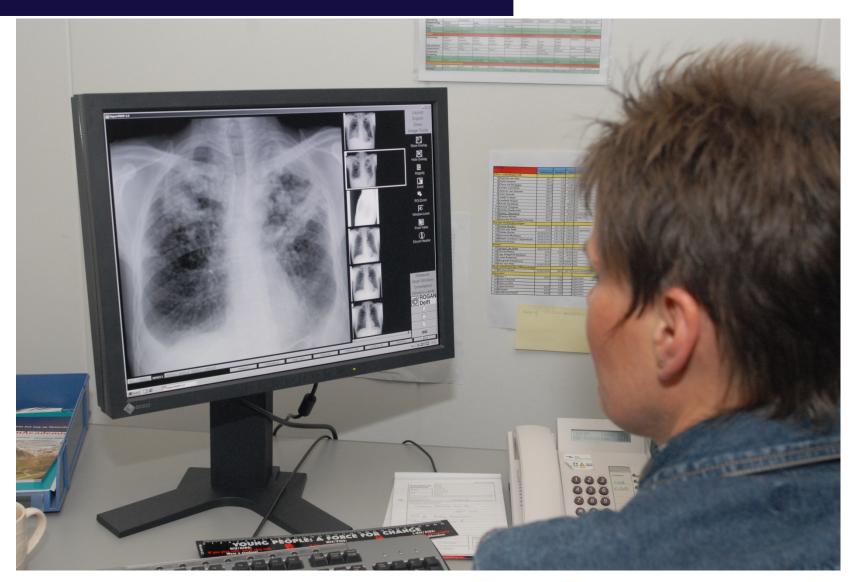














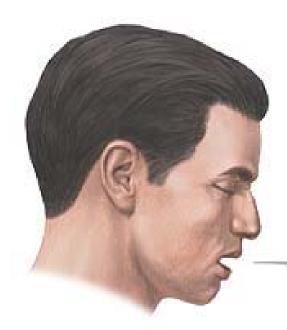












Sputum sample is obtained by coughing and is examined in the laboratory







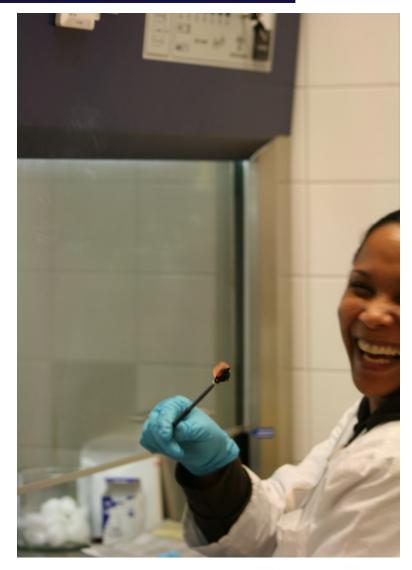










































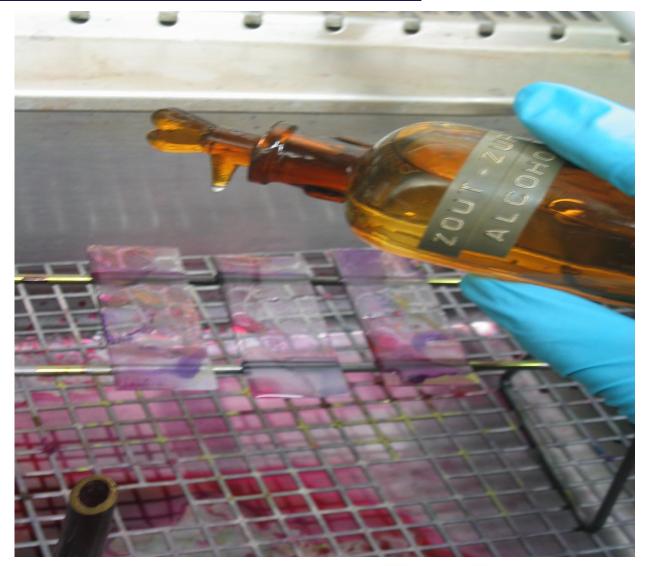




























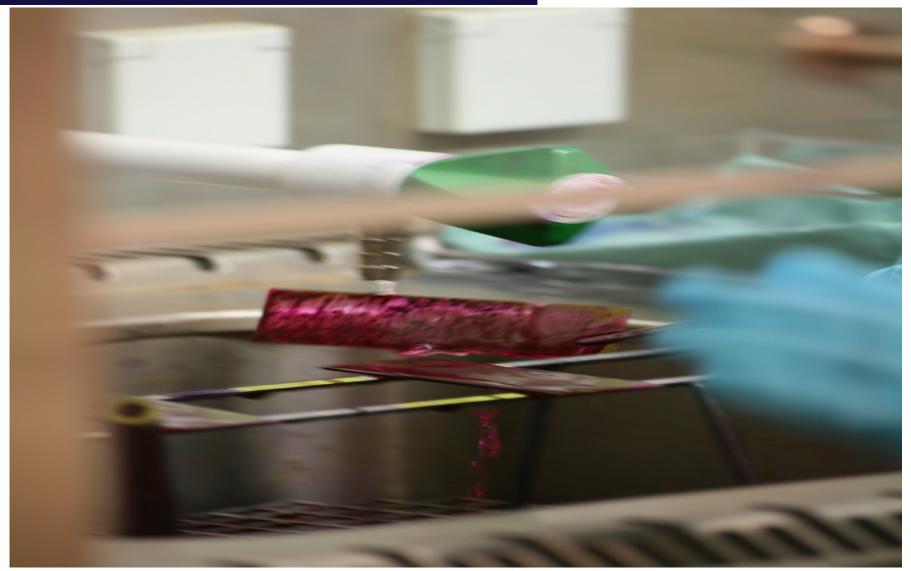






























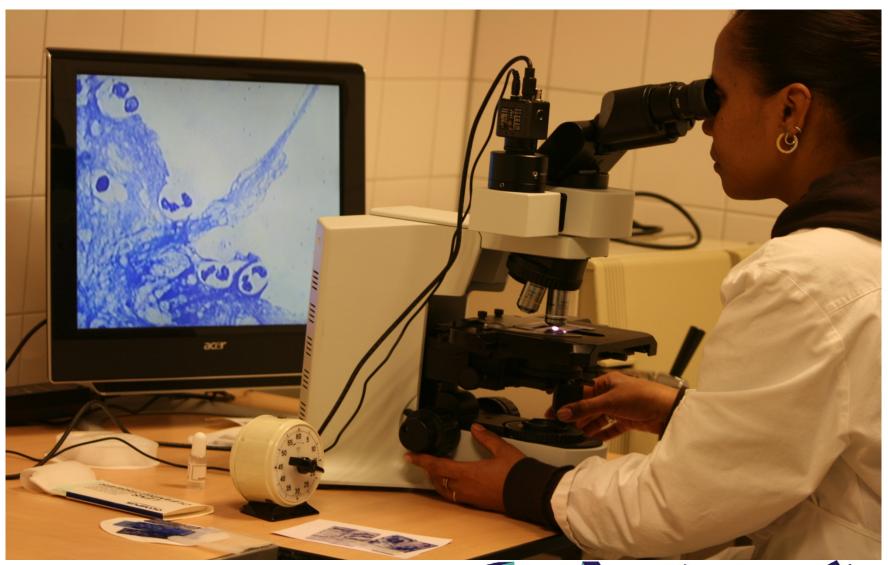






Microscopy















Microscopy











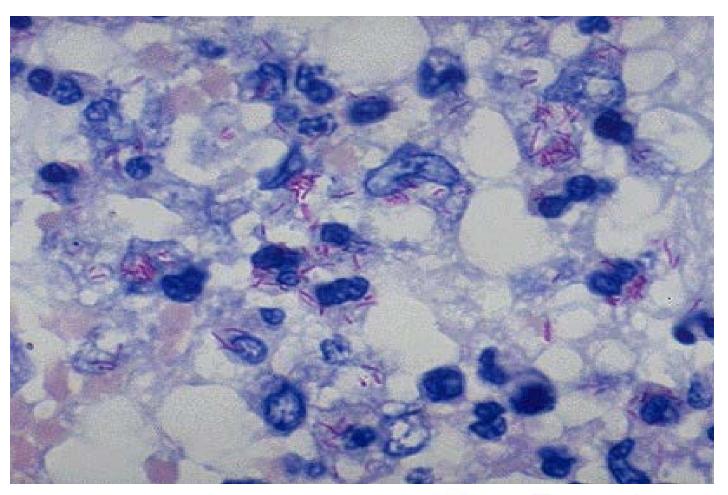




Sputum examination



Direct microscopy after Ziehl-Neelsen staining













Let op! Alleen betreden met mondmasker











Isolation





























Clinical isolation –isolation at home











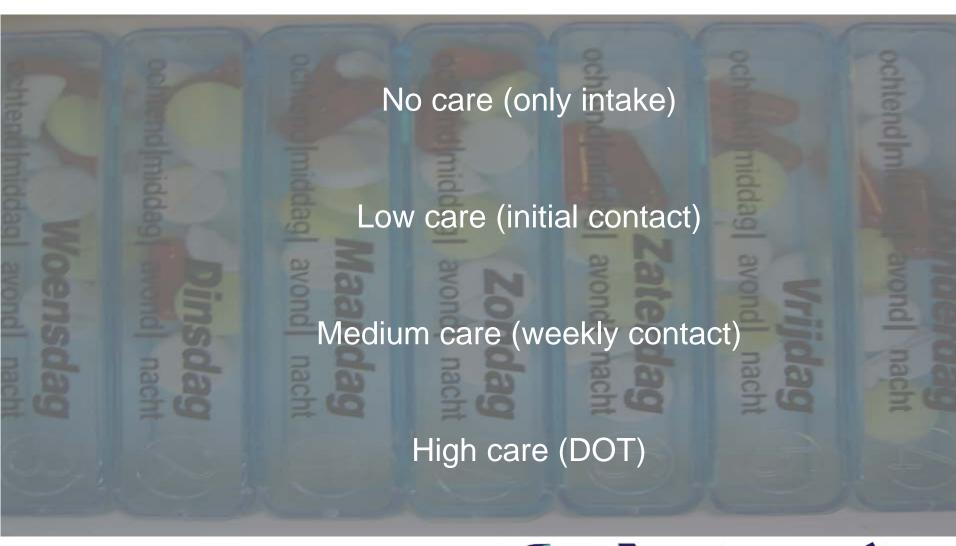






Medication supervision is important















Week boxes















Defaulters



Self-Reported Reasons for Defaulting, N = 233

Reason	Number*	Percent*
I felt better	59	25%
The pills gave me side effects	36	16%
I didn't like taking pills every day	33	14%
I did not have time, too busy	29	13%
I didn't want to lose my job	25	11%
I didn't think it was important	25	11%
I had to look for a job/for money	25	11%
I thought I was taking pills for too long	23	10%
I gave up/I was depressed	21	9%
I forgot to come in for TB treatment	19	8%
The clinic was too far	19	8%
I was not getting any better	17	7%
I did not get enough support	15	6%
I could not afford transport to the clinic	15	6%

*Categories not mutually exclusive, percentages will add up to more than 100%













Feedback to social services



	staande data heeft therapie voldaan	aan de afspraken v	
datum	stempel	paraaf	bijzonderheden
5/2	B voor TBC-bestr. Botterdam e.o.	16	6/z retour
6/2	Goedgekeurd CB voor TBC-bestr. GD Rotterdam e.e.	5	7/2 retoux
8/2	e voor TBC-bestr. D Patterdam e.o.	6	9/2 retour
9/2	GGD Rotterdapre.o.	LOBI	12/2 retour
14/200	dgekeurd bestr.	31	15/2 retouk
16/2	GGD Rotterdam e.o.	81	16/2 retork
16/2	Goedgekeurd CB voor TBC-bestr. CGD Rotterdam e.o.	es	19/2 retour
19/26	edgekeurd Voor TBO destr.	23	20/2 retain
20/2	GGD Rotterdam e.o.		21/2 retour
21/200	Adoleration	8	22/2 refork
22/2	Hotology Control of the Control of t	K	23/z retour











Tertiary TB treatment centre















Tertiary TB treatment centre















Medically complicated patients





Socially complicated patients

























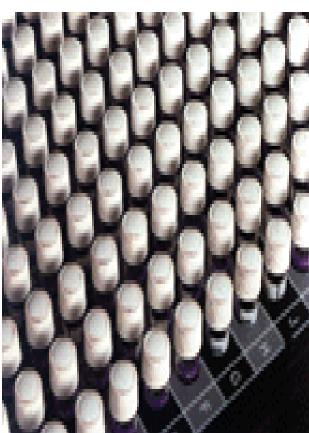


Sputum cultures



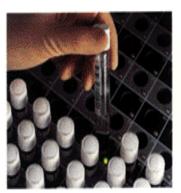
Cultures liquid media (Middlebrook, Bactec MGIT))







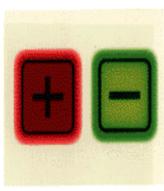
Step 1: Select workflow



Step 3: Load where indicated by green LED.



Step 2: Scan tube at instrument.



Step 4: Remove positives and completed negatives as they occur.







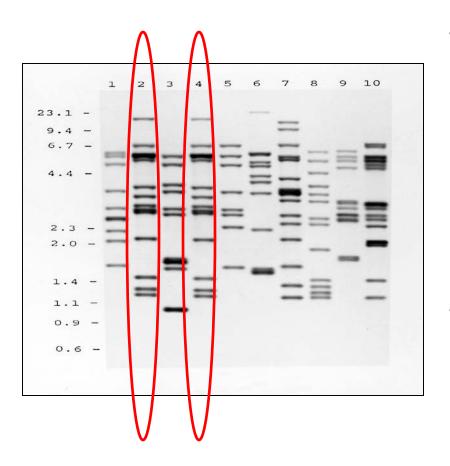






Genotyping/DNA fingerprinting



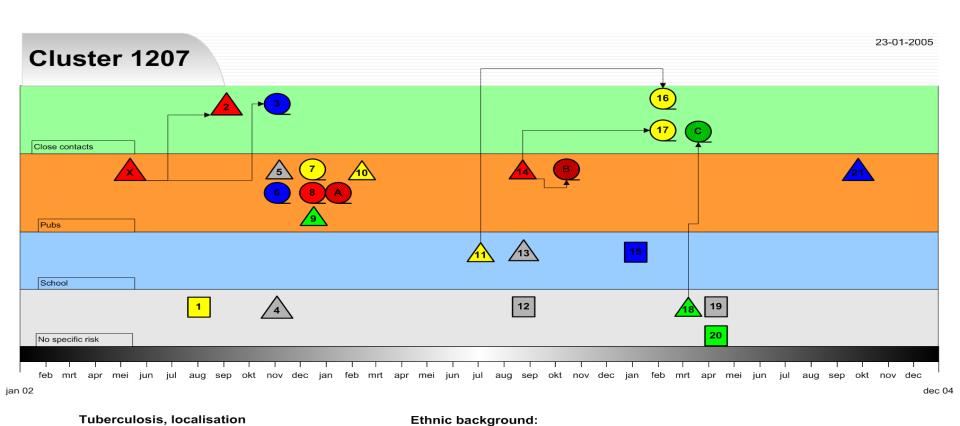


- Since 1993 all *M*. *tuberculosis* bacteria are fingerprinted (RFLP) by the National Institute of Public Health and the Environment in the Netherlands.
- If bacteria have the same DNA-pattern (cluster) it suggests recent transmission.



Cluster analysis





Yugoslavian Surinam

Dutch (Netherlands)

Moroccan

Other

Tuberculosis, localisation Pulmonary tuberculosis, smear positive Pulmonary tuberculosis, smear negative Extrapulmonary tuberculosis



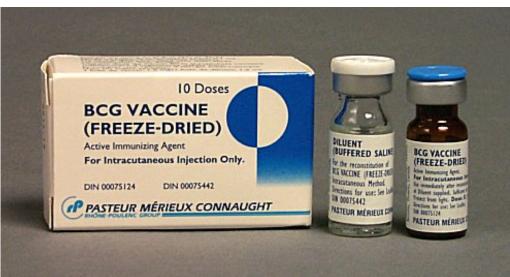






Selective BCG vaccination



















Screening of risk groups:

Contacts

Immigrants

Asylum seekers

Prisoners

Seamen/Sailors

Alcohol and drug addicts

Homeless people





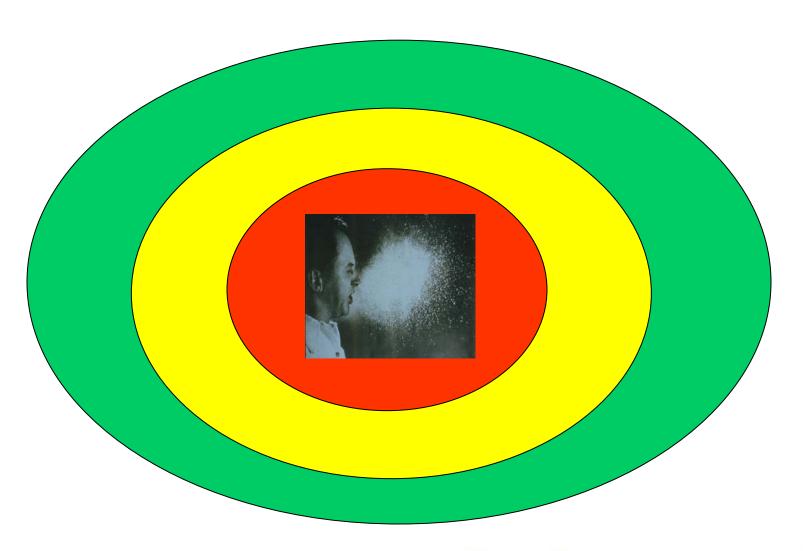






Contact tracing















Contact tracing



'Krijg ik er geen pleister op?'



De Mantouxprik die 1500 leerlingen en personeelsleden van het ROC Zadkine gisteren kregen deed sommigen pijn. Ze zuchtten en steunden erop los. Foto Jaap Rozema/ Rotterdams Dagblad

Door Hanneke van Houwelingen

Rotterdam — Mouwen opstropen, linkeronderarm uitsteken en een prikje. Deze handeling werd gisteren 1500 keer uitgevoerd bij leerlingen en personeelsleden van het ROC Zadkine aan de Benthemstraat. Met de zogenoemde Mantoux-prik werden zij getest op tuberculose. Maandag moeten ze allemaal terugkomen voor controle.

Wanneer iemand besmet blijkt te zijn, moet die zes maanden preventief medicijnen slikken. Een biertje is dan niet toegestaan. Een verontwaardigde leerling: "Dat is waardeloos met Oud en Nieuw. Nou, dan wacht ik wel even met medicijnen slikken tot na de jaarswisseling."

"Niet wrijven, niet drukken," geeft een van de doktersassistenten als advies aan de jongeren, die hij net heeft voorzien van de prik. Wanneer een deelnemer aan het tbe-onderzoek, uitgevoerd door controleerd op mogelijke besmetting. De jongen werd behandeld zodat hij de ziekte niet meer kon overdragen op andere personen. In september werd echter weer tbc vastgesteld bij een leerling op de ICT-schoolafdeling. Na onderzoek bleek het om dezelfde bacterie te gaan als de eerst besmette jongen.

Vandaar het grootschalig onderzoek van de GGD Rotterdam op de ROC Zadkine, waarbij in totaal 2300 leerlingen van de welzijnsopleidingen, de ICT-afdeling en alle personeelsleden werden getest.

Oproepkaart

Honderden leeflingen staan in lange rijen te wachten op de spuit. Ook ex-leerlingen die vorig jaar zijn afgestudeerd, hebben een oproepkaart ontvangen. De administratie nam meer tijd in beslag dan de prik.

Een wachtend meisje is bang voor de uitslag: "Vorige week kregen we een brief in de bus over de tbctest. Ik had nog niet gehoord van bij een te late ontdekking ook dood kan gaan aan de ziekte, word ik wel zenuwachtig voor de uitslag."

Voor achthonderd allochtone leerlingen, die al ingeënt waren tegen de ziekte, staat de mobiele röntgen-unit klaar. In een busje worden er longfoto's van hen gemaakt. De kleren mogen aanblijven, maar de hoofddoekjes en kettingen moeten even opzij worden geschoven. Een arts zal in het weekeinde de foto's bekijken; geen bericht, betekent goed bericht voor deze leerlingen.

De mensen die een spuit krijgen, kunnen al heel snel zelf een besmetting constateren. Normaal gesproken trekt het kleine bultje na inspuiting van de vloeistof na een paar uurtjes weg, maar het kan ook opzwellen en na drie tot vijf dagen een flinke bult worden. Dan is er sprake van een besmet-

Een brede, stoer uitziende jongen is ervan overtuigd dat hij niet besmet is. Hij wil dat het kleine





Contact tracing















Immigrant screening





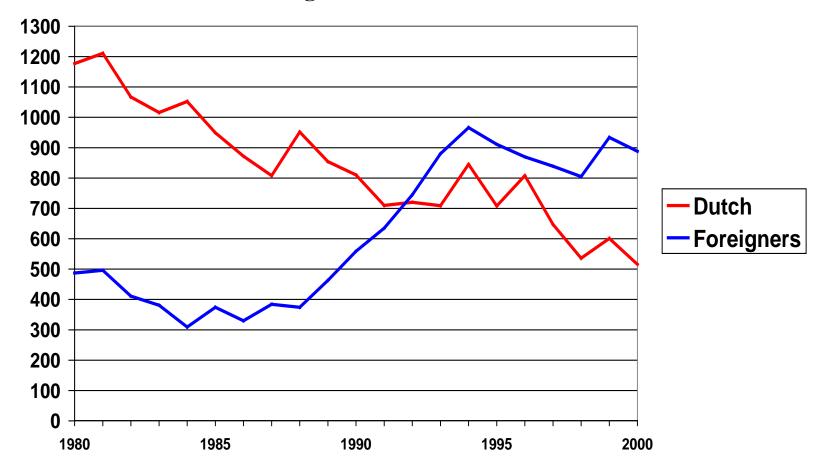




Immigrant screening



TB incidence for Dutch and foreigners in the Netherlands 1980-2000













Asylum seekers screening

















Prison screening















Seamen screening





Rotterdam has second largest port in the world

Not public health but occupational health





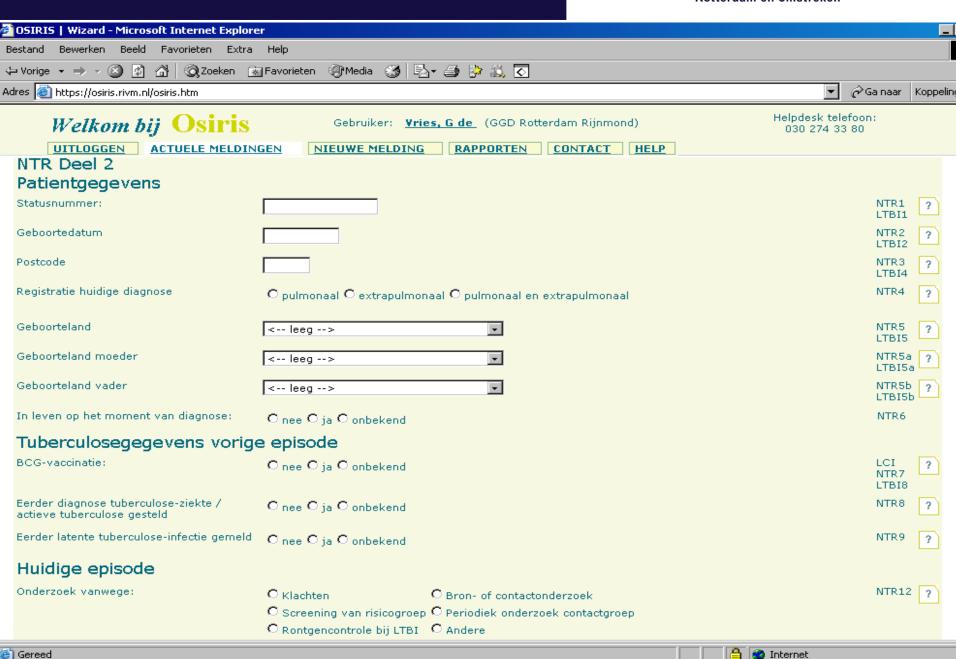






Notification







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1. Specific TB activities in Rotterdam











Screening of homeless persons and illicit drug users















Screening of homeless persons and illicit drug users





Story A, Van Hest R, Hayward A. *Tuberculosis and social exclusion*. BMJ 2006;333:57-58.













Screening of homeless persons and illicit drug users



From contact investigation to tuberculosis screening of drug addicts and homeless persons in Rotterdam.

Gerard de Vries and Rob van Hest.

European Journal of Public Health 2006;16:133-136





Increasing numbers and proportions



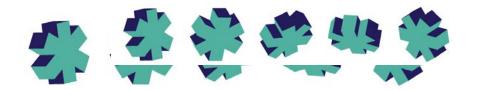
From contact investigation to tuberculosis screening of drug addicts and homeless persons in Rotterdam.

Early 2001 there were indications that TB was increasingly becoming a problem among drug addicts and homeless persons in Rotterdam:

In 1998 TB in 12 drug addicts or homeless persons (9.3%)

In 1999 TB in 20 drug addicts or homeless persons (13.5%)

In 2001 TB in 23 drug addicts or homeless persons (14.7%)





DNA Fingerprinting



From contact investigation to tuberculosis screening of drug addicts and homeless persons in Rotterdam.

DNA fingerprinting of the mycobacterial cultures showed that a specific cluster had developed in Rotterdam with a substantial number of patients being drug addicted or homeless.

According to the quarterly reports of the National Institute of Public Health and the Environment (RIVM), this was the fastest growing and largest TB cluster in the Netherlands.





DNA Fingerprinting



From contact investigation to tuberculosis screening of drug addicts and homeless persons in Rotterdam.

The mycobacterial RFLP pattern of the index case was unique i.e. not previously found in the Netherlands.

None of the six secondary TB cases had the same DNA fingerprint as the index patient.

Three DNA fingerprints among the six secondary TB cases





Screening of staff



From contact investigation to tuberculosis screening of drug addicts and homeless persons in Rotterdam.

Early 2001 there were indications that TB was increasingly becoming a problem among drug addicts and homeless persons in Rotterdam:

18 staff members of institutions for illicit drug users and homeless persons were infected and needed preventive treatment during the extended contact investigation







From contact investigation to tuberculosis screening of drug addicts and homeless persons in Rotterdam.

Is contact-tracing effective?

Or is targeted mobile digital X-ray screening a more appropriate intervention?



Mobile digital X-ray screening of homeless persons and illicit drug users















Mobile digital screening















Mobile digital screening

















Screening of illicit drug users and homeless persons















Mobile X-ray Unit





Mobile X-ray Unit





Homeless persons and illicit drug users screening















Homeless persons and illicit drug users screening









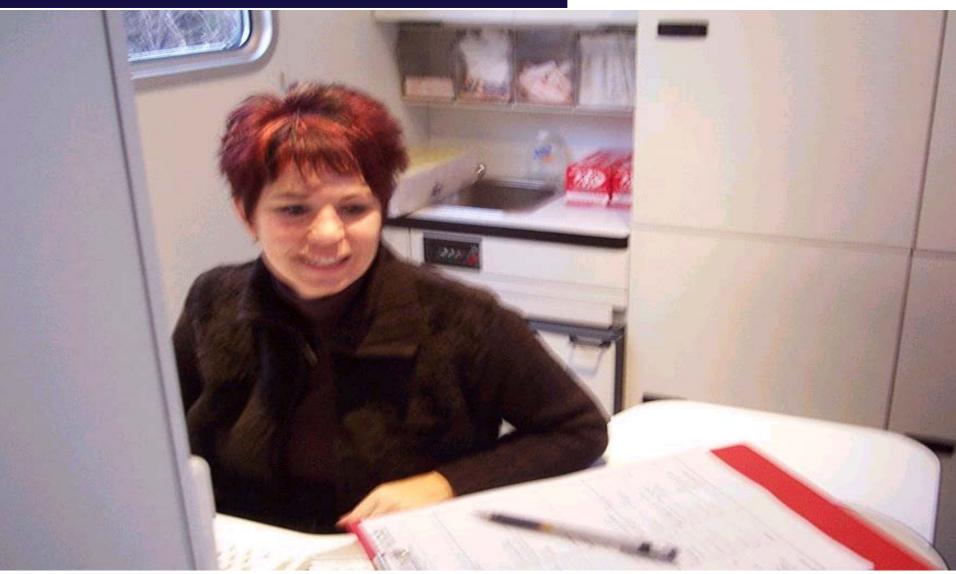






Mobile screening















Homeless persons and illicit drug users screening

































































Estimating the coverage of tuberculosis screening among drug users and homeless persons with truncated models.

Rob van Hest, Gerard de Vries, Filip Smit and Jan Hendrik Richardus.

Epidemiol Infect 2008;136:628-35.





For a good coverage of TB screening among urban risk groups a good cooperation and commitment of the staff of the various services is indispensable!!!











Estimating the coverage of tuberculosis screening among drug users and homeless persons with truncated models.

Rob van Hest, Gerard de Vries, Filip Smit and Jan Hendrik Richardus.

Epidemiol Infect 2008;136:628-35.

At least 63% - 75%







Impact of mobile radiographic screening on tuberculosis among drug users and homeless pesrons.

Gerard de Vries, Rob van Hest and Jan Hendrik Richardus.

De Vries G, Van Hest R, Richardus JH. Impact of mobile radiographic screening on tuberculosis among drug users and homeless persons. Am J Resp Crit Care Med 2007; 176: 201-7







A total of 206 TB cases among illicit drug users and homeless persons in Rotterdam representing 11.4% of the total tuberculosis case-load of 1,807 TB patients





		n	%
1993	125	16	12.8
1994	137	10	7.3
1995	107	8	7.5
1996	125	13	10.4
1997	138	12	8.7
1998	129	12	9.3
1999	148	20	13.5
2000	135	14	10.4
2001	156	23	14.7
2002	146	24	16.4
2003	171	25	14.6
2004	164	18	11.0
2005	130	11	8.5
Total	1,811	206	11.4















Demographic and disease-related characteristics of illicit drug users and homeless persons with TB and cases without this risk profile

Illicit drug users and homeless persons with TB:

- were more often aged between 40-59 years
- were more often born in the Netherlands

- were more often HIV-coinfected















Demographic and disease-related characteristics of illicit drug users and homeless persons with TB and cases without this risk profile

Illicit drug users and homeless persons with TB:

- had more often pulmonary disease
- had more often positive sputum or bronchoalveolar fluid smears for acid-fast bacilli
- had more frequently clustered *M. tuberculosis* strains















Demographic and disease-related characteristics of illicit drug users and homeless persons with TB and cases without this risk profile

Illicit drug users and homeless persons with TB:

- were more often identified through active case-finding, such as contact investigation and screening.















Initial hospitalization was required in two-third of the TB cases among illicit drug users and homeless persons, due to the high proportion of infectious cases.













Fourteen patients (7%) were mandatory detained in a designated hospital for a mean period of 10 weeks (3-26 weeks) due to non-compliance with isolation













Screening results



During the three years and eight months of the screening program, 8,559 chest X-rays were taken of 3,248 individuals

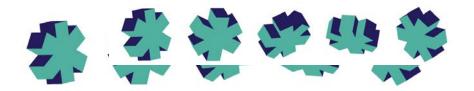




Screening results

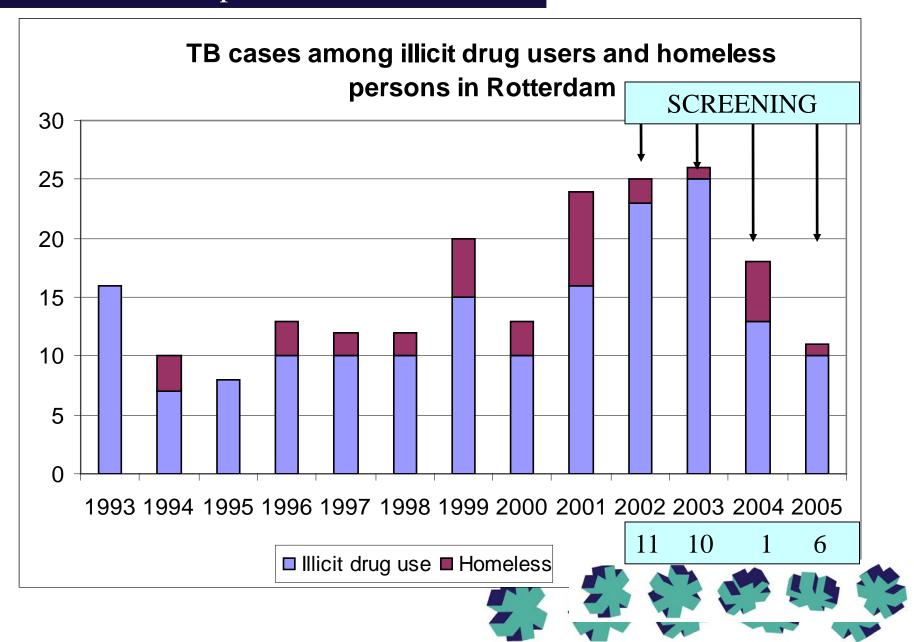


- Screening result 2002: 11/1545 (712/100,000)
- Screening result 2003: 10/2633 (380/100,000)
- Screening result 2004: 1/2300 (43/100,000)
- Screening result 2005: 6/1354 (369/100,000)
- In a period of three years screening (mid 2002 mid 2005) 28 cases among hard drug users / homeless persons were identified: (incidence rate 327/100,000 screened persons)



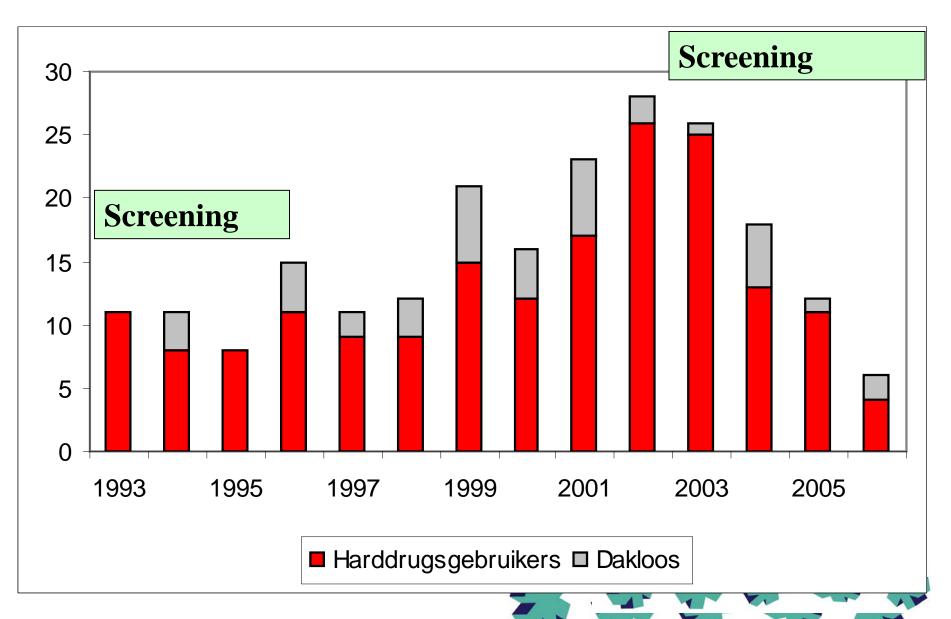
TB trend among illicit drug users and homeless persons in Rotterdam





TB trend among illicit drug users and homeless persons in Rotterdam

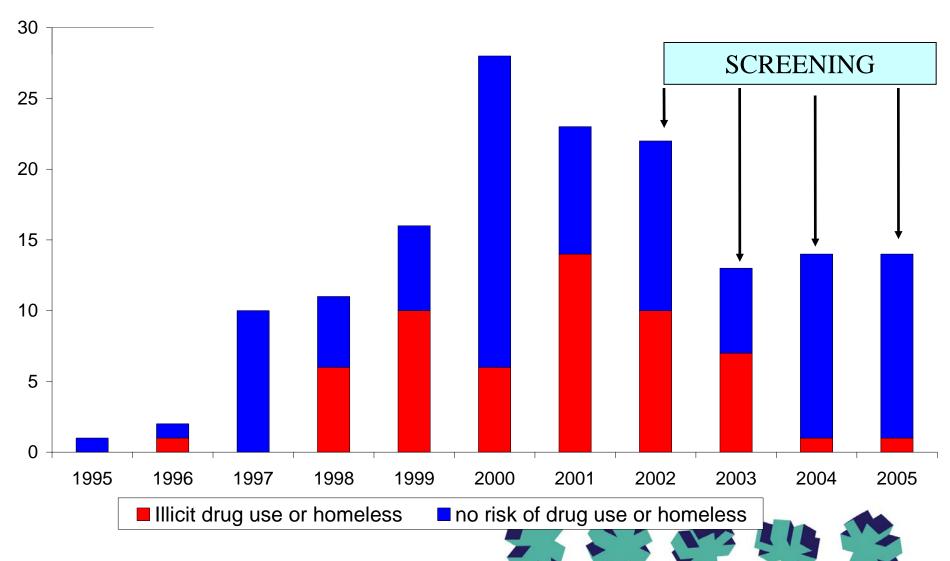






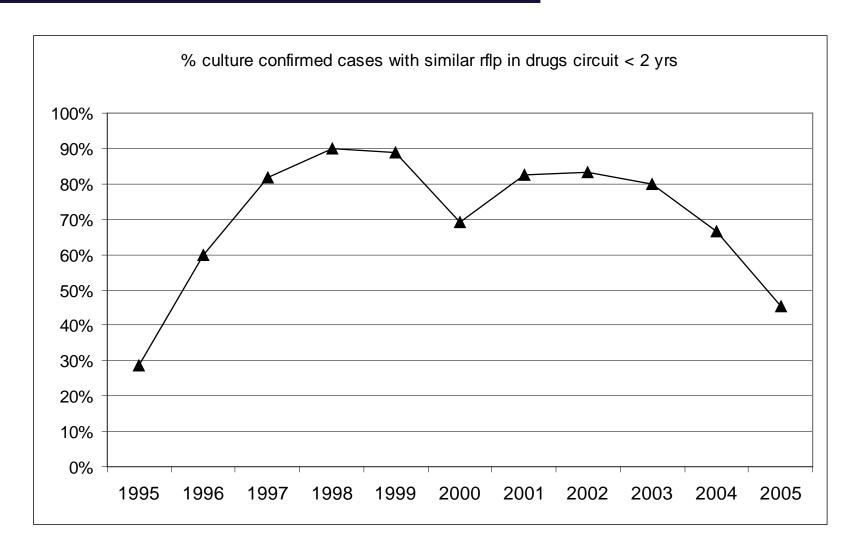


Cluster 510, by risk group (drug use or homeless)



Transmission











25 out of the 28 cases (89,2%) identified through the mobile radiographic screening program completed treatment.



Conclusion



- There is a marked difference between TB in cities (Metropolitan TB) and TB in rural areas (both in numbers and in the characteristics of the patients).
- Cities have a disproportional number of immigrants and other risk groups such as illicit drug users and homeless persons.
- The crowding in a city and in certain places (e.g. pubs, shelters) enhances the spread of TB.



Conclusion



- A combination of appropriate and targeted interventions (DOT, MXU) are needed to address these aspects of Metropolitan TB.
- After the introduction of the targeted mobile digital X-ray TB screening programme among illicit drug users and homeless persons in Rotterdam (1) the number of TB cases, (2) their proportion of the total case-load and (3) the recent transmission indicator all reduced to preoutbreak levels!!

Conclusion



- DNA fingerprinting is an indispensable tool to identify new risk groups and monitor the impact of interventions.
- The screening programme should be continued to prevent another resurgence of tuberculosis among illicit drug users and homeless persons in Rotterdam!!!!



















• EU funded research or

inventory



and targeted interventions

throughout EU











Metropolitan TB among homeless mobile project in London















Metropolitan TB among homeless mobile project in London

















